

Possible Complications

Bleeding

If bleeding occurs and saturates bandage, apply pressure for 20 minutes consistently. Release pressure. Repeat pressure once more if needed.

If bleeding persists, call our office or visit emergency care.

Pain

If you are experiencing pain, take 2 Extra Strength Tylenol every for 4 hours or as needed.

If the Tylenol does not provide pain relief, take prescription medication as directed.

Infection

As a preventative measure we have provided an oral antibiotic. Take the medication as directed, *with food*.

If you have any other questions or concerns, contact our office at: (520) 382-3330

Do's and Don'ts After Surgery

DO

Apply ice to the area with dry wash cloth for 20 minutes every 3 hours.

Keep your bandage on for 24-48 hours after your surgery.

Follow your wound care instructions inside this brochure.

DON'T

Smoke, as smoking can prolong healing as it constricts blood flow needed to heal.

Perform any strenuous activities, lift heavy objects, or bend over.

Take medications containing ASPIRIN or IBUPROPHEN for 48 hours after surgery.

Drink alcohol 48 hours after surgery, this can cause the wound to bleed.

Specialists In Dermatology

2732 N Alvernon Way
Tucson, AZ 85712
520-382-3330

Post-Surgery Instructions

Specialists in Dermatology
2732 N Alvernon Way.



What You'll Need:

- Tape (Paper Tape or Hypafix)
- Non-Stick Gauze (Telfa)
- Aquaphor, Vaseline, or Neosporin
- Prescription antibiotic ointment
- Q-Tips
- Mild soap (baby soap or Cerave)
- Gauze



Wound Care Instructions

Skin Graft Site:

Following surgery, DO NOT get your bandage wet. Keep the bandage dry and clean.

Please leave your bandage on for **1 week** and we will remove the bandage at your 1st follow up appointment.

If your bandage begins to loosen, apply tape.

If the bandage has fallen off completely, immediately apply a generous amount of Vaseline, bandage, and call our office.

Specialists in Dermatology

2732 N Alvernon Way
Tucson, AZ 85712
520-382-3330

After Hours: 520-570-6035

Non-Skin Graft Closures:

Leave your bandage on for 24-48 hours.

Then:

Remove your bandage and clean your hands.

Wash the area gently with warm soapy water.

Dry surgery site, apply Vaseline, and apply a new bandage.

If you experience swelling or bruising following your surgery, this is **normal**. Apply ice to the area for the swelling and the bruising will diminish over time.